

Annette M. Willgens, PT, MA, EdD

Office Location and Contact Information

Associate Clinical Professor
Temple University
College of Public Health
Department of Physical Therapy
Ritter Annex - 6th Floor
1301 Cecil B. Moore Ave.
Philadelphia, PA 19122
phone (585) 261-3703
annette.willgens@temple.edu
www.temple.edu/pt

Academic Appointments

<i>Adjunct Professor</i> Ithaca College at the Rochester Center Department of Physical Therapy, Ithaca, NY	1994-1997
<i>Adjunct Professor</i> Nazareth College of Rochester Department of Physical Therapy, Rochester, NY	2003-2008
<i>Assistant Professor</i> <i>Associate Director of Clinical Education</i> Ithaca College Department of Physical Therapy, Ithaca, NY	2012-2016
<i>Associate Clinical Professor</i> <i>Director of Clinical Education</i> Drexel University Department of Physical Therapy and Rehabilitation Sciences	2016-2018
<i>Associate Clinical Professor</i> Temple University College of Public Health, Department of Physical Therapy	2018-present

Education

Doctor of Education

Northcentral University,
Prescott Valley, Arizona
Concentration in Higher Education Leadership 2008-2013

Master of Education

New York University
New York, New York 6/91-10/93

Bachelor of Science in Physical Therapy

Psychology Minor
Ithaca College, Ithaca, NY 8/85-5/89

Licensure Information

NYS 011240 1989-present
PA 025098 2016-present
DE 587609 2017-present

Certifications & Professional Trainings

Graduate Certificate in Qualitative Research ~ Nova Southeastern University 2014-2016
American Board of Physical Therapy Clinical Specialist (PCS) 2008-2018
Credentialed Clinical Instructor Level I & II 2005
Mindfulness Teacher Trained, University of California
UC San Diego, School of Medicine 2012
APTA Credentialed Clinical Trainer Level I Course 2017

Mind-Body Trainings

Yoga Teacher-200 hour Yoga Alliance Certification (RYT) 2017
Mamata Yoga Certified (Post-Natal Yoga) 2017
Trauma Informed Yoga 2017
Adaptive Yoga for Every Body 2017
Reiki Practitioner-Level I & II 2017

Clinical Appointments

Newington Childrens Hospital
Hartford University Hospital, CT 1989-1991

University of Rochester, Golisano Childrens Hospital,
Rochester, NY 1992-1998

<p><i>Monroe County Department of Maternal Child Health</i> Early Intervention Physical Therapist Rochester, NY</p>	1992-2012
<p><i>University of Rochester</i> <i>Highland Hospital</i> Acute Care Physical Therapist Rochester, NY</p>	2009-2016
<p><i>Children's Hospital of Philadelphia</i> Acute & Rehabilitation Physical Therapist Philadelphia, PA</p>	3/2018 – present

Book Reviews

- Willgens, A. (2016). Beyond the Neonatal Intensive Care Unit by DeVries LS, VanHaastert IC. Department of Neonatology, Wilhelmina Children's Hospital. University Medical Center, Utrecht, the Netherlands, 2013. *Physical & Occupational Therapy*.
- Willgens, A. (2016). Considering the Oneness: Reviewing Valerie J. Janesick's Contemplative Qualitative Inquiry: Practicing the Zen of Research Mindfully. *The Qualitative Report*, 21(5), 914-915. Retrieved from <http://nsuworks.nova.edu/tqr/vol21/iss5/9>

Peer Reviewed Publications

- Willgens AM. How does mindfulness influence student clinical practice: A mixed methods pilot study. *Under review, Journal of Physical Therapy Education*, 2018.
- Willgens AM. Hippotherapy in children and youth with cerebral palsy. In: Bachrach, Miller, Lennon, O'Neil, ed. *Cerebral Palsy*, 2nd edition, Reference Text, Springer, 2018.
- Willgens AM, et al. Enhancing qualitative research appraisal: Piloting a tool to support methodological congruence. *The Qualitative Report*, 2016; 6: 2361-69.
- Willgens AM, Hummel, K. Uncovering a curricular model of self-care in pediatric physical therapy education. *Journal of PT Education*, 2016; 30(4):55-67.
- Willgens AM et al. Physical therapists' perceptions of mindfulness for stress reduction: an exploratory study. *Journal of PT Education*, 2016; 30(2):45-51.
- Willgens AM, Sharf R. Failure in clinical education: using mindfulness as a conceptual

framework to explore the lived experiences of 8 physical therapists. *Journal of PT Education*, 2015:29(1):70-80.

Published Doctoral Dissertation: Failure, Remediation, and Success in Physical Therapy Clinical Education: Is Mindfulness Present? *ProQuest Dissertations*. 2012.

Chau C, Delobbe-Scott M, McGarry B, Parysek T, Willgens, A. Gait characteristics and skilled locomotor tasks in children with autism spectrum disorders. Poster presentation at the Combined Sections Meeting of the American Physical Therapy Association, Las Vegas, NV. February, 2009.

Non-Peer Reviewed, Invited Presentations

Harcum College: Key Note Speaker PTA Clinical Practice	2018
Drexel University College of Nursing Guest Lecturer	2018
Philadelphia Area Clinical Education Consortium	2018
Drexel University: Mother Baby Connections Program	2016, 2017, 2018
APTA Credentialing Course, Drexel University	2017
APTA Credentialing Course, Hunter College	2018
NY/NJ Clinical Education Consortium Keynote Address	2017
New York Medical College: Mindfulness for the Student Clinician	2017
SUNY Upstate Medical University: Mindfulness	2015, 2016, 2017
New York University: Mindfulness Keynote/CME	2014, 2015, 2016
Jefferson University Hospital~ Mindful Practice & Clinical Teaching	2017
University of Pennsylvania Care at Home ~ Clinical Instructor Training	2016
Drexel University Pediatric Workshop	2016
Philadelphia Area Clinical Consortium Ethics Workshop	2016
Ithaca College Department of Physical Therapy:	2012-2016

Peer-Reviewed Presentations

Education Leadership Conference

Mindful Practice for the Student Clinician
Session Presenter 2018

Academy of Pediatric Physical Therapy National Conference

Curriculum in Self Care for the Pediatric Physical Therapist
Session Presenter 2017

Academy of Pediatric Physical Therapy National Conference

Curriculum in Self Care for the Pediatric Physical Therapist
Poster Presentation 2016

Membership in Scientific/Professional Organizations

American Physical Therapy Association

Willgens, Annette

4

2018

Education Section
Pediatric Section
Research Section
American Mindfulness Research Association
American Educational Research Association

Service to the Profession

The Qualitative Report Editorial Board	2013-2017
Journal of Physical Therapy Education Editorial Board	2017-- present

Continuing Education Attended 2013-2018

PT Interventions in the Neonatal Intensive Care Unit	11/2018
W. Bannon: Mixed Methods Research Course Series	9/2018-11/2018
Combined Sections Meeting,	2016, 2017, 2018
Academy of Pediatric Physical Therapists Conference	2013--2017
MERC/Medical Education Research 2-day workshop	10/2017, 2/2018
Lindy Center for Civic Engagement Training	2017
APTA Credentialed Clinical Instructor Teacher Training	2017
Education Leadership Conference, yearly	2012-2018
Jefferson University Center for Mindfulness Fall Mentoring	2016
Pediatric Yoga and Mindfulness, University of Rochester	2016
University of Rochester Medical Education: Mindful Practice in Medicine Training	2015, 2016, 2017

Awards & Honors

The Qualitative Report, Editor of the Year	2015-16
Alpha Eta Allied Health Honor Society	2018